

the study of
MARK



**DISCIPLESHIP
CULTURE**



DISCIPLESHIP CULTURE

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WHAT IS DISCIPLESHIP CULTURE?

DISCIPLESHIP CULTURE has discipleship in its DNA

Last words are important and Matthew records the last words of Jesus as this: *Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Matthew 28:19*

Jesus told His followers that they needed to go and make disciples of every nation. The call is no different today than it was 2,000 years ago. Somewhere along the way we have forgotten or even ignored Jesus' call to make disciples. Discipleship should not be just a program one can join, but it should be deeply rooted in the believer and Church's culture and fabric.

DISCIPLESHIP CULTURE does not rely on "One on One" discipleship

Greg Ogden in his book *Discipleship Essentials* says this, "The one-on-one sets up a teacher-student dynamic. The pressure is upon the discipler to be the answer person or the fountain of all wisdom and insight. When a third person is added, the dynamic shifts to a group process. The discipler can more naturally make his or her contribution in the dynamic of group interchange. Triad discipling shifts the model from hierarchical to relational. The greatest factor inhibiting those who are being disciplined to disciple others (multiplication) is the dependency fostered by one-on-one relationships. The triad/quad, on the other hand, views discipleship as a come-alongside relationship of mutual journey toward maturity in Christ. The hierarchical dimension is minimized."

DISCIPLESHIP CULTURE helps provide accelerated growth

The goal of every believer should be to become mature and help others become mature. *He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ. Colossians 1:28*

We believe that if each person really puts their best into Discipleship Culture that they will see exponential spiritual growth in their life and in the lives of others.

DISCIPLESHIP CULTURE provides accountability

Accountability is taking the relational context of discipleship to another level. Accountability means giving your discipling partners authority to call you to keep the commitments you have made to one another. Accountability is rooted in realness and confessing sins to one another as well as keeping confidences within the D.C.

DISCIPLESHIP CULTURE Multiplies

And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. II Timothy 2:2

Paul wrote this to Timothy and it actually represents four generations of disciples.

Paul ----- Timothy ----- Reliable People ----- Others

The proof of lasting discipleship is not really if I have disciplined one other person. The proof of lasting discipleship is if the person I disciplined has disciplined another person well enough to disciple another. Has your mind been blown yet? Discipleship Culture provides a systematic way to multiply the Kingdom of God. The goal being that each person in the group would go out and disciple two to three others within a year. We believe groups of three or four work best.

DAILY DISCIPLESHIP CULTURE

Bible Study and Prayer

Five days a week we are asking every person to spend a significant amount of time studying their Bibles and to faithfully SOAP. SOAP is an acronym that will help you get the most out of your daily Bible reading. Here is how it works.

S.O.A.P

S (scripture) • Read the Scripture assigned for that day.

Write down a verse or a passage that is the most meaningful to you.

O (observation) • Write down observations you made about the scripture you read.

A (application) • Write down how you can apply the scripture you read to your everyday life.

P (prayer) • Pray to God about the scripture you focused on and anything else you want to lift up to Him.

It is really that simple.

Scripture Memory

We believe that Scripture Memory is a spiritual discipline that is essential for accelerated growth and daily living for Christ.

Pastor Chuck Swindoll wrote, *“I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture. . . . No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified”* (Growing Strong in the Seasons of Life, p. 61).

You will be responsible for memorizing scripture every week. We memorize scripture because Psalm 119 tells us that we are to hide God’s Word in our heart. The key to memorizing scripture is to review it every day and to meditate on its meaning.

Review

At the end of the week make sure you have reviewed your lessons and be prepared to share what you have learned with your group. Write it down. Also make sure your scripture memory is word perfect before you attend your group.

WEEKLY DISCIPLESHIP CULTURE

Details on the next page.

MONTHLY DISCIPLESHIP CULTURE

Once a month all who are involved in D.C. will be getting together for a one hour meeting. This meeting will set out to accomplish three things.

1. Celebrate the Wins – We want to take some time every month to celebrate the victories of having a Discipleship Culture. We want to give thanks to God for forward momentum of all life change in our culture. This will also help us understand better how to make D.C. more successful.

2. Identify the Obstacles – We look at this first session of Discipleship Culture as a pilot program. We want to know what isn’t working and what tweaks need to be made along the way to help people become more like Jesus. Disciples and Disciples alike are invited to suggest minor adjustments that may create greater impact.

3. Gain Instruction – Every month we will be spending part our time sharing vision and teaching more on the culture of Discipleship.

WEEKLY DISCIPLESHIP CULTURE

If you agree to be part of Discipleship Culture you are expected to be at all 12 weeks of meetings. The meetings will last one hour and will include accountability, reciting the Scripture memory verse, discussion of daily Bible study, and prayer.

Here is what the Weekly Discipleship Culture looks like:

1. Check In – [10 minutes] Start each meeting by checking in. This is the time when we are reminded to bear each other's burdens (Galatians 6:2) and sharpen one another through accountability (Proverbs 27:17).

A. **JOY, ANGER, FEAR, or SADNESS:** Sometimes it is hard for us to open up, but this exercise is very effective. These four feelings seem to be the base emotions we all feel. Share with your group the core emotion you are feeling right now and why.

B1. Accountability Option 1: Answer four basic questions

- 1) *How are you living a life of integrity?*
- 2) *How are you protecting your spouse (current or possible future) with purity?*
- 3) *How are you pursuing God with passion?*
- 4) *How are you investing in the work of God? (time, talent, 10% of your treasure/tithe)*

B2. Accountability Option 2: This is an extensive list that John Wesley created over 200 years ago but is still practical today. Use it to highlight areas of your life as you check in but be sensitive of time. Don't go over every question.

- 1) *Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?*
- 2) *Am I honest in all my acts and words, or do I exaggerate?*
- 3) *Do I confidentially pass on to another what was told to me in confidence?*
- 4) *Can I be trusted?*
- 5) *Am I a slave to dress, friends, work, or habits?*
- 6) *Am I self-conscious, self-pitying, or self-justifying?*
- 7) *Did the Bible live in me today?*
- 8) *Do I give it time to speak to me everyday?*
- 9) *Am I enjoying prayer?*
- 10) *When did I last speak to someone else about my faith?*
- 11) *Do I pray about the money I spend?*
- 12) *Do I get to bed on time and get up on time?*
- 13) *Do I disobey God in anything?*
- 14) *Do I insist upon doing something about which my conscience is uneasy?*
- 15) *Am I defeated in any part of my life?*
- 16) *Am I jealous, impure, critical, irritable, touchy, or distrustful?*
- 17) *How do I spend my spare time?*
- 18) *Am I proud?*
- 19) *Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?*
- 20) *Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?*
- 21) *Do I grumble or complain constantly?*
- 22) *Is Christ real to me?*

2. Share Your SOAP – [15-20 minutes]

- A. Recite memorized verse.
- B. Share observations and applications (as well as questions you may have) from the week's reading.

3. Pray – [15-20 minutes] Pray together. We recommend using this prayer structure: **praise God, confess your sinfulness, and offer willing service to Him.** Pray through what you just talked about with each other. Pray for each other, allowing the Holy Spirit to convict you and guide you. Remember, you are all just talking with your Father together! It is a holy and fun conversation!

S • Read Mark 1:1-8

WEEK 1 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 1:9-15

WEEK 1 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 1:16-28

WEEK 1 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

DAILY RUNDOWN:

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O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK ONE

Scripture Memory: Mark 1:16-18

16 ***As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. ¹⁷ “Come, follow me,” Jesus said, “and I will send you out to fish for people.” ¹⁸ At once they left their nets and followed him.***

S • Read Mark 1:29-39

WEEK 1 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 1:40-45

WEEK 1 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

Summarize what you would like to share with your group

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WEEK ONE

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16 As Jesus walked beside the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the lake, for they were fishermen. 17 "Come, follow me," Jesus said, "and I will send you out to fish for people." 18 At once they left their nets and followed him.

S • Read Mark 2:1-12

WEEK 2 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 2:13-17

WEEK 2 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 2:18-22

WEEK 2 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK TWO

Scripture Memory: Mark 2:16,17

¹⁶ When the teachers of the law who were Pharisees saw him eating with the sinners and tax collectors, they asked his disciples: “Why does he eat with tax collectors and sinners?” ¹⁷ On hearing this, Jesus said to them, “It is not the healthy who need a doctor, but the sick. I have not come to call the righteous, but sinners.

S • Read Mark 2:23-27

WEEK 2 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 3:1-6

WEEK 2 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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S • Read Mark 3:7-19

WEEK 3 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 3:20-35

WEEK 3 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 4:1-20

WEEK 3 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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WEEK THREE

Scripture Memory: Mark 3:31-35

³¹ Then Jesus' mother and brothers arrived. Standing outside, they sent someone in to call him. ³² A crowd was sitting around him, and they told him, "Your mother and brothers are outside looking for you. ³³ "Who are my mother and my brothers?" he asked. ³⁴ Then he looked at those seated in a circle around him and said, "Here are my mother and my brothers!" ³⁵ Whoever does God's will is my brother and sister and mother."

S • Read Mark 5:1-20

WEEK 4 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 5:21-43

WEEK 4 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 6:1-6

WEEK 4 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK FOUR

Scripture Memory: Mark 6:4-6

⁴ Jesus said to them, "A prophet is not without honor except in his own town, among his relatives and in his own home."⁵ He could not do any miracles there, except lay his hands on a few sick people and heal them.⁶ He was amazed at their lack of faith.

S • Read Mark 6:7-13

WEEK 4 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 6:14-29

WEEK 4 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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S • Read Mark 6:30-44

WEEK 5 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 6:45-55

WEEK 5 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 7:1-13

WEEK 5 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK FIVE

Scripture Memory: Mark 7:6-8

6 He replied, "Isaiah was right when he prophesied about you hypocrites; as it is written: "These people honor me with their lips, but their hearts are far from me. 7 They worship me in vain; their teachings are merely human rules.' 8 You have let go of the commands of God and are holding on to human traditions."

S • Read Mark 7:14-23

WEEK 5 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 7:24-30

WEEK 5 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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S • Read Mark 7:31-37

WEEK 6 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 8:1-13

WEEK 6 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 8:14-21

WEEK 6 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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WEEK SIX

Scripture Memory: Mark 8:27-29

27 Jesus and his disciples went on to the villages around Caesarea Philippi. On the way he asked them, "Who do people say I am?"

28 They replied, "Some say John the Baptist; others say Elijah; and still others, one of the prophets."

29 "But what about you?" he asked. "Who do you say I am?" Peter answered, "You are the Messiah."

S • Read Mark 8:22-26

WEEK 6 • DAY 4 • DATE _____

O •

A •

PRAY

S • Read Mark 8:27-33

WEEK 6 • DAY 5 • DATE _____

O •

A •

PRAY

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S • Read Mark 9:1-13

WEEK 7 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 9:14-29

WEEK 7 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 9:30-37

WEEK 7 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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WEEK SEVEN

Scripture Memory: Mark 8:34-38

34 Then he called the crowd to him along with his disciples and said: "Whoever wants to be my disciple must deny themselves and take up their cross and follow me. 35 For whoever wants to save their life will lose it, but whoever loses their life for me and for the gospel will save it. 36 What good is it for someone to gain the whole world, yet forfeit their soul?"

S • Read Mark 9:38-41

WEEK 7 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 9:42-50

WEEK 7 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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S • Read Mark 10:1-16

WEEK 8 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 10:17-31

WEEK 8 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 10:32-45

WEEK 8 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK EIGHT

Scripture Memory: Mark 10:23-25

23 Jesus looked around and said to his disciples, "How hard it is for the rich to enter the kingdom of God!"

24 The disciples were amazed at his words. But Jesus said again, "Children, how hard it is[e] to enter the kingdom of God! 25 It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God."

S • Read Mark 10:46-52

WEEK 8 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 11:1-11

WEEK 8 • DAY 5 • DATE _____

O • _____

A • _____

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²⁴ The disciples were amazed at his words. But Jesus said again, "Children, how hard it is[e] to enter the kingdom of God! ²⁵ It is easier for a camel to go through the eye of a needle than for someone who is rich to enter the kingdom of God."

S • Read Mark 11:12-26

WEEK 9 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 11:27-33

WEEK 9 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 12:1-12

WEEK 9 • DAY 3 • DATE _____

O • _____

A • _____

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WEEK NINE

Scripture Memory: Mark 11:22-25

²² "Have faith in God," Jesus answered. ²³ "Truly I tell you, if anyone says to this mountain, 'Go, throw yourself into the sea,' and does not doubt in their heart but believes that what they say will happen, it will be done for them. ²⁴ Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours. ²⁵ And when you stand praying, if you hold anything against anyone, forgive them, so that your Father in heaven may forgive you your sins."

S • Read Mark 12:13-17

WEEK 9 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 12:18-27

WEEK 9 • DAY 5 • DATE _____

O • _____

A • _____

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S • Read Mark 12:28-34

WEEK 10 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 12:35-44

WEEK 10 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 13:1-35

WEEK 10 • DAY 3 • DATE _____

O • _____

A • _____

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WEEK TEN

Scripture Memory: Mark 12:28-31

²⁸ *One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?"*

²⁹ *"The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. ³⁰ Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' ³¹ The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."*

S • Read Mark 14:1-11

WEEK 10 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 14:12-26

WEEK 10 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK TEN

Scripture Memory: Mark 12:28-31

²⁸ *One of the teachers of the law came and heard them debating. Noticing that Jesus had given them a good answer, he asked him, "Of all the commandments, which is the most important?"*

²⁹ *"The most important one," answered Jesus, "is this: 'Hear, O Israel: The Lord our God, the Lord is one. ³⁰ Love the Lord your God with all your heart and with all your soul and with all your mind and with all your strength.' ³¹ The second is this: 'Love your neighbor as yourself.' There is no commandment greater than these."*

S • Read Mark 14:27-31

WEEK 11 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 14:32-42

WEEK 11 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 14:43-52

WEEK 11 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

DAILY RUNDOWN:

S (*scripture*) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK ELEVEN

Scripture Memory: Mark 14:27-30

²⁷ "You will all fall away," Jesus told them, "for it is written:

"I will strike the shepherd, and the sheep will be scattered."

²⁸ But after I have risen, I will go ahead of you into Galilee."

²⁹ Peter declared, "Even if all fall away, I will not."

³⁰ "Truly I tell you," Jesus answered, "today—yes, tonight—before the rooster crows twice you yourself will disown me three times."

S • Read Mark 14:53-65

WEEK 11 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 14:66-72

WEEK 11 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

Summarize what you would like to share with your group

DAILY RUNDOWN:

S (*scripture*) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK ELEVEN

Scripture Memory: Mark 14:27-30

27 *“You will all fall away,” Jesus told them, “for it is written:*

“I will strike the shepherd, and the sheep will be scattered.”

28 *But after I have risen, I will go ahead of you into Galilee.”*

29 *Peter declared, “Even if all fall away, I will not.”*

30 *“Truly I tell you,” Jesus answered, “today—yes, tonight—before the rooster crows twice you yourself will disown me three times.”*

S • Read Mark 15:1-15

WEEK 12 • DAY 1 • DATE _____

O •

A •

PRAY

S • Read Mark 15:16-32

WEEK 12 • DAY 2 • DATE _____

O •

A •

PRAY

S • Read Mark 15:33-41

WEEK 12 • DAY 3 • DATE _____

O •

A •

PRAY

DAILY RUNDOWN:

S (*scripture*) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

P (*prayer*) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK TWELVE

Scripture Memory: Mark 16:15-16

¹⁵ He said to them, "Go into all the world and preach the gospel to all creation. ¹⁶ Whoever believes and is baptized will be saved, but whoever does not believe will be condemned.

S • Read Mark 15:42-47

WEEK 12 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read Mark 16:1-20

WEEK 12 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

Summarize what you would like to share with your group

DAILY RUNDOWN:

S (*scripture*) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (*observation*) • Write down observations about the scripture you read.

A (*application*) • Write down how you can apply the scripture to your everyday life.

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WEEK TWELVE

Scripture Memory: Mark 16:15-16

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