

the study of
1ST & 2ND
THESSALONIANS



**DISCIPLESHIP
CULTURE**





DISCIPLESHIP CULTURE

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WHAT IS DISCIPLESHIP CULTURE?

DISCIPLESHIP CULTURE has discipleship in its DNA

Last words are important and Matthew records the last words of Jesus as this: *Therefore go and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit. Matthew 28:19*

Jesus told His followers that they needed to go and make disciples of every nation. The call is no different today than it was 2,000 years ago. Somewhere along the way we have forgotten or even ignored Jesus' call to make disciples. Discipleship should not be just a program one can join, but it should be deeply rooted in the believer and Church's culture and fabric.

DISCIPLESHIP CULTURE does not rely on "One on One" discipleship

Greg Ogden in his book *Discipleship Essentials* says this, "The one-on-one sets up a teacher-student dynamic. The pressure is upon the discipler to be the answer person or the fountain of all wisdom and insight. When a third person is added, the dynamic shifts to a group process. The discipler can more naturally make his or her contribution in the dynamic of group interchange. Triad discipling shifts the model from hierarchical to relational. The greatest factor inhibiting those who are being disciplined to disciple others (multiplication) is the dependency fostered by one-on-one relationships. The triad/quad, on the other hand, views discipleship as a come-alongside relationship of mutual journey toward maturity in Christ. The hierarchical dimension is minimized."

DISCIPLESHIP CULTURE helps provide accelerated growth

The goal of every believer should be to become mature and help others become mature. *He is the one we proclaim, admonishing and teaching everyone with all wisdom, so that we may present everyone fully mature in Christ. Colossians 1:28*

We believe that if each person really puts their best into Discipleship Culture that they will see exponential spiritual growth in their life and in the lives of others.

DISCIPLESHIP CULTURE provides accountability

Accountability is taking the relational context of discipleship to another level. Accountability means giving your discipling partners authority to call you to keep the commitments you have made to one another. Accountability is rooted in realness and confessing sins to one another as well as keeping confidences within the D.C.

DISCIPLESHIP CULTURE multiplies

And the things you have heard me say in the presence of many witnesses entrust to reliable people who will also be qualified to teach others. II Timothy 2:2

Paul wrote this to Timothy and it actually represents four generations of disciples.

Paul ----- Timothy ----- Reliable People ----- Others

The proof of lasting discipleship is not really if I have disciplined one other person. The proof of lasting discipleship is if the person I disciplined has disciplined another person well enough to disciple another. Has your mind been blown yet? Discipleship Culture provides a systematic way to multiply the Kingdom of God. The goal being that each person in the group would go out and disciple two to three others within a year. We believe groups of three or four work best.

DAILY DISCIPLESHIP CULTURE

Bible Study and Prayer

Five days a week we are asking every person to spend a significant amount of time studying their Bibles and to faithfully SOAP. SOAP is an acronym that will help you get the most out of your daily Bible reading. Here is how it works.

S.O.A.P

S (scripture) • Read the Scripture assigned for that day.

Write down a verse or a passage that is the most meaningful to you.

O (observation) • Write down observations you made about the scripture you read.

A (application) • Write down how you can apply the scripture you read to your everyday life.

P (prayer) • Pray to God about the scripture you focused on and anything else you want to lift up to Him.

It is really that simple.

Scripture Memory

We believe that Scripture Memory is a spiritual discipline that is essential for accelerated growth and daily living for Christ.

Pastor Chuck Swindoll wrote, *“I know of no other single practice in the Christian life more rewarding, practically speaking, than memorizing Scripture. . . . No other single exercise pays greater spiritual dividends! Your prayer life will be strengthened. Your witnessing will be sharper and much more effective. Your attitudes and outlook will begin to change. Your mind will become alert and observant. Your confidence and assurance will be enhanced. Your faith will be solidified”* (Growing Strong in the Seasons of Life, p. 61).

You will be responsible for memorizing scripture every week. We memorize scripture because Psalm 119 tells us that we are to hide God’s Word in our heart. The key to memorizing scripture is to review it every day and to meditate on its meaning.

Review

At the end of the week make sure you have reviewed your lessons and be prepared to share what you have learned with your group. Write it down. Also make sure your scripture memory is word perfect before you attend your group.

WEEKLY DISCIPLESHIP CULTURE

Details on the next page.

MONTHLY DISCIPLESHIP CULTURE

Once a month all who are involved in D.C. will be getting together for a one hour meeting. This meeting will set out to accomplish three things.

1. Celebrate the Wins – We want to take some time every month to celebrate the victories of having a Discipleship Culture. We want to give thanks to God for forward momentum of all life change in our culture. This will also help us understand better how to make D.C. more successful.

2. Identify the Obstacles – We look at this first session of Discipleship Culture as a pilot program. We want to know what isn’t working and what tweaks need to be made along the way to help people become more like Jesus. Disciples and Disciples alike are invited to suggest minor adjustments that may create greater impact.

3. Gain Instruction – Every month we will be spending part our time sharing vision and teaching more on the culture of Discipleship.

WEEKLY DISCIPLESHIP CULTURE

If you agree to be part of Discipleship Culture you are expected to be at all 8 weeks of meetings. The meetings will last one hour and will include accountability, reciting the Scripture memory verse, discussion of daily Bible study, and prayer.

Here is what the Weekly Discipleship Culture looks like:

1. Check In – [10 minutes] Start each meeting by checking in. This is the time when we are reminded to bear each other's burdens (Galatians 6:2) and sharpen one another through accountability (Proverbs 27:17).

A. **JOY, ANGER, FEAR, or SADNESS:** Sometimes it is hard for us to open up, but this exercise is very effective. These four feelings seem to be the base emotions we all feel. Share with your group the core emotion you are feeling right now and why.

B1. Accountability Option 1: Answer three basic questions

- 1) *How are you protecting your life with purity?*
- 2) *Share a win that you've had investing in the work of God? (Time, Talent, Treasure)*
- 3) *How are you glorifying God in your thought life?*

B2. Accountability Option 2: This is an extensive list that John Wesley created over 200 years ago but is still practical today. Use it to highlight areas of your life as you check in but be sensitive of time. Don't go over every question.

- 1) *Am I consciously or unconsciously creating the impression that I am better than I really am? In other words, am I a hypocrite?*
- 2) *Am I honest in all my acts and words, or do I exaggerate?*
- 3) *Do I confidentially pass on to another what was told to me in confidence?*
- 4) *Can I be trusted?*
- 5) *Am I a slave to dress, friends, work, or habits?*
- 6) *Am I self-conscious, self-pitying, or self-justifying?*
- 7) *Did the Bible live in me today?*
- 8) *Do I give it time to speak to me everyday?*
- 9) *Am I enjoying prayer?*
- 10) *When did I last speak to someone else about my faith?*
- 11) *Do I pray about the money I spend?*
- 12) *Do I get to bed on time and get up on time?*
- 13) *Do I disobey God in anything?*
- 14) *Do I insist upon doing something about which my conscience is uneasy?*
- 15) *Am I defeated in any part of my life?*
- 16) *Am I jealous, impure, critical, irritable, touchy, or distrustful?*
- 17) *How do I spend my spare time?*
- 18) *Am I proud?*
- 19) *Do I thank God that I am not as other people, especially as the Pharisees who despised the publican?*
- 20) *Is there anyone whom I fear, dislike, disown, criticize, hold a resentment toward or disregard? If so, what am I doing about it?*
- 21) *Do I grumble or complain constantly?*
- 22) *Is Christ real to me?*

2. Share Your SOAP – [15-20 minutes]

A. Recite memorized verse.

B. Share observations and applications (as well as questions you may have) from the week's reading.

3. Pray – [15-20 minutes] Pray together. We recommend using this prayer structure: **praise God, confess your sinfulness, and offer willing service to Him.** Pray through what you just talked about with each other. Pray for each other, allowing the Holy Spirit to convict you and guide you. Remember, you are all just talking with your Father together! It is a holy and fun conversation!

WEEK ONE

I THESSALONIANS 1:6-7

You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit. And so you became a model to all the believers in Macedonia and Achaia.

JOSHUA 1:8-9

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go."

WEEK TWO

I THESSALONIANS 2:8

...so we cared for you. Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well.

PSALM 139:15-16

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

WEEK THREE

I THESSALONIANS 3:7-8

Therefore, brothers and sisters, in all our distress and persecution we were encouraged about you because of your faith. For now we really live, since you are standing firm in the Lord.

ISAIAH 40:28

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

WEEK FOUR REVIEW

WEEK FIVE

I THESSALONIANS 5:11

Therefore encourage one another and build each other up, just as in fact you are doing.

1 PETER 5:8-9

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

WEEK SIX

II THESSALONIANS 1:3

We ought always to thank God for you, brothers and sisters, and rightly so, because your faith is growing more and more, and the love all of you have for one another is increasing.

II CORINTHIANS 12:9

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

WEEK SEVEN

II THESSALONIANS 2:13

But we ought always to thank God for you, brothers and sisters loved by the Lord, because God chose you as firstfruits to be saved through the sanctifying work of the Spirit and through belief in the truth.

JAMES 1:22

Do not merely listen to the word, and so deceive yourselves. Do what it says.

WEEK EIGHT REVIEW

S • Read I Thessalonians 1:1-3

WEEK 1 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 1:4-5

WEEK 1 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 1:6-7

WEEK 1 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

DAILY RUNDOWN:

S (scripture) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (observation) • Write down observations about the scripture you read.

A (application) • Write down how you can apply the scripture to your everyday life.

P (prayer) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK ONE

Scripture Memory Verse:

I Thessalonians 1:6-7

You became imitators of us and of the Lord, for you welcomed the message in the midst of severe suffering with the joy given by the Holy Spirit. And so you became a model to all the believers in Macedonia and Achaia.

Classic Scripture: Joshua 1:8-9

Keep this Book of the Law always on your lips; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be afraid; do not be discouraged, for the LORD your God will be with you wherever you go.

S • Read I Thessalonians 1:8-9

WEEK 1 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 1:10

WEEK 1 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

Summarize what you would like to share with your group

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S • Read I Thessalonians 2:1-4

WEEK 2 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 2:5-7

WEEK 2 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 2:8-12

WEEK 2 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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P (prayer) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK TWO

Scripture Memory Verse:

I Thessalonians 2:8

...so we cared for you. Because we loved you so much, we were delighted to share with you not only the gospel of God but our lives as well.

Classic Scripture:

Psalms 139:15-16

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

S • Read I Thessalonians 2:13-16

WEEK 2 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 2:17-20

WEEK 2 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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Psalms 139:15-16

My frame was not hidden from you when I was made in the secret place, when I was woven together in the depths of the earth. Your eyes saw my unformed body; all the days ordained for me were written in your book before one of them came to be.

S • Read I Thessalonians 3:1-2

WEEK 3 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 3:3-5

WEEK 3 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 3:6-7

WEEK 3 • DAY 3 • DATE _____

O • _____

A • _____

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WEEK THREE

Scripture Memory Verse:

I Thessalonians 3:7-8

Therefore, brothers and sisters, in all our distress and persecution we were encouraged about you because of your faith. For now we really live, since you are standing firm in the Lord.

Classic Scripture:

Isaiah 40:28

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

S • Read I Thessalonians 3:8-10

WEEK 3 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 3:11-13

WEEK 3 • DAY 5 • DATE _____

O • _____

A • _____

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Classic Scripture:

Isaiah 40:28

Do you not know? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth.

He will not grow tired or weary, and his understanding no one can fathom.

S • Read I Thessalonians 4:1-2

WEEK 4 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 4:3-8

WEEK 4 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 4:9-12

WEEK 4 • DAY 3 • DATE _____

O • _____

A • _____

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REVIEW

WEEK ONE

I Thessalonians 1:6-7

Joshua 1:8-9

WEEK 2

I Thessalonians 2:8

Psalms 139:15-16

WEEK 3

I Thessalonians 3:7-8

Isaiah 40:28

S • Read I Thessalonians 4:13-15

WEEK 4 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 4:16-18

WEEK 4 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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WEEK ONE

I Thessalonians 1:6-7

Joshua 1:8-9

WEEK TWO

I Thessalonians 2:8

Psalms 139:15-16

WEEK THREE

I Thessalonians 3:7-8

Isaiah 40:28

S • Read I Thessalonians 5:1-3

WEEK 5 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 5:4-7

WEEK 5 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 5:8-11

WEEK 5 • DAY 3 • DATE _____

O • _____

A • _____

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WEEK FIVE

Scripture Memory Verse:

I Thessalonians 5:11

Therefore encourage one another and build each other up, just as in fact you are doing.

Classic Memory Verse:

1 Peter 5:8-9

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

S • Read I Thessalonians 5:12-18

WEEK 5 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read I Thessalonians 5:19-28

WEEK 5 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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1 Peter 5:8-9

Be alert and of sober mind. Your enemy the devil prowls around like a roaring lion looking for someone to devour. Resist him, standing firm in the faith, because you know that the family of believers throughout the world is undergoing the same kind of sufferings.

S • Read II Thessalonians 1:1-4

WEEK 6 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 1:5-7

WEEK 6 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 1:8-9

WEEK 6 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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S (scripture) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

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P (prayer) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

WEEK SIX

Scripture Memory Verse:

II Thessalonians 1:3

We ought always to thank God for you, brothers and sisters, and rightly so, because your faith is growing more and more, and the love all of you have for one another is increasing.

Classic Scripture Memory:

II Corinthians 12:9

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

S • Read II Thessalonians 1:10

WEEK 6 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 1:11-12

WEEK 6 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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We ought always to thank God for you, brothers and sisters, and rightly so, because your faith is growing more and more, and the love all of you have for one another is increasing.

Classic Scripture Memory:

II Corinthians 12:9

But he said to me, "My grace is sufficient for you, for my power is made perfect in weakness." Therefore I will boast all the more gladly about my weaknesses, so that Christ's power may rest on me.

S • Read II Thessalonians 2:1-4

WEEK 7 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 2:5-8

WEEK 7 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 2:9-12

WEEK 7 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

DAILY RUNDOWN:

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WEEK SEVEN

Scripture Memory Verse:

II Thessalonians 2:13

But we ought always to thank God for you, brothers and sisters loved by the Lord, because God chose you as firstfruits to be saved through the sanctifying work of the Spirit and through belief in the truth.

Classic Scripture Memory:

James 1:22

Do not merely listen to the word, and so deceive yourselves. Do what it says.

S • Read II Thessalonians 2:13-14

WEEK 7 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 2:15-17

WEEK 7 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

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II Thessalonians 2:13

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Classic Scripture Memory:

James 1:22

Do not merely listen to the word, and so deceive yourselves. Do what it says.

S • Read II Thessalonians 3:1-3

WEEK 8 • DAY 1 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 3:4-5

WEEK 8 • DAY 2 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 3:6-10

WEEK 8 • DAY 3 • DATE _____

O • _____

A • _____

PRAY

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REVIEW

WEEK FIVE

I Thessalonians 5:11

1 Peter 5:8-9

WEEK SIX

II Thessalonians 1:3

II Corinthians 12:9

WEEK SEVEN

II Thessalonians 2:13

James 1:22

S • Read II Thessalonians 3:11-15

WEEK 8 • DAY 4 • DATE _____

O • _____

A • _____

PRAY

S • Read II Thessalonians 3:16-18

WEEK 8 • DAY 5 • DATE _____

O • _____

A • _____

PRAY

Summarize what you would like to share with your group

DAILY RUNDOWN:

S (scripture) • Read the assigned Scripture. Write down the verse or passage that is the most meaningful to you.

O (observation) • Write down observations about the scripture you read.

A (application) • Write down how you can apply the scripture to your everyday life.

P (prayer) • Pray to God about the verse or passage you focused on and anything else you want to lift up to Him.

REVIEW

WEEK FIVE

I Thessalonians 5:11

1 Peter 5:8-9

WEEK SIX

II Thessalonians 1:3

II Corinthians 12:9

WEEK SEVEN

II Thessalonians 2:13

James 1:22